**Website:** <https://www.advdentistry.com/>

**Date:** May 29, 2019

**Page Title:** Cleanings & Prevention

**Keyword List:**

1. [keyword category #1]
2. [keyword category #2]
3. [keyword category #3]

**Document Key:**

* YELLOW highlight indicates meta text, meta titles, and keyword focus
* GREEN highlight indicates URL structure (old/new)

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URL & Metas

URL: https://www.advdentistry.com/procedures/cleanings-prevention/

Meta Title: Scottsdale General Dentistry | Dental Cleanings

Meta Desc: Learn more about our general dental services in Scottsdale and see our hygiene guides for proper ora

Focus Keyword: N/A  
  
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Content

[Banner Section]  
Cleanings & Prevention

Call 480-945-4700

[Main Content]

**[h1]** General Dentistry in Scottsdale

Taking care of your smile takes diligent, consistent effort from both the patient and an experienced dentist. Dr. Greg Pifer and Dr. Shari Aftahi are your partners in protecting your smile from decay and improving overall health.

Advanced Dentistry Services offers comprehensive cleanings, examinations, and preventive dental care in Scottsdale, AZ.

**[h2]** Protect Your Smile

The best defense against dental issues is prevention. Treating complications before they come up improves the smile’s longevity and helps patients keep their teeth looking healthy and beautiful.

Our office conducts comprehensive examinations using state-of-the-art technology that include cavity detection, orthodontic review, and oral cancer screenings. We document areas of concerns as well as check for prevalent issues, using education to guide our patients into understanding the state of their oral health and making the best decisions based on factual evidence.

Patients that come to our office are greatly involved in their healthcare, working together with our team to find the most suitable options for treatment.

**[h2]** Follow Great Healthcare Tips

The American Dental Association (ADA) recommends that individuals visit the dentist at least once every six months for a routine cleaning and exam. This is to remove hardened tartar and prevent the onset of gingivitis and advanced gum disease. Further, routinely visiting the dentist allows patients to undergo a thorough examination to monitor progress, nip any issues in the bud, and treat existing problems.

Drs. Pifer and Aftahi offer several treatments to remain proactive against issues like decay and weak dental development. Sealants protect teeth from food and bacteria buildup. Fluoride is an essential nutrient used in the remineralization of enamel. Our office provides fluoride treatment to improve the smile’s strength and durability.

**[h2]** Your Body’s Connection to Oral Health

The body is connected by a system of nerves, and it uses blood cells to transport oxygen and other vital nutrients to the rest of the body. When oral health is poor, the body often suffers.

Habits like smoking and eating candy greatly increase a person’s risk for developing gingivitis and advanced periodontitis. When this occurs, bacteria can travel from the mouth to the heart and other parts of the body, infecting more than just oral health.

**[h2]** Contact Us Today

Prevention is a person’s greatest ally at improving oral health and defending against dental issues. Drs. Greg Pifer and Shari Aftahi are committed to helping patients protect their smile for a lifetime.

Call our practice for cleaning and prevention in Scottsdale, AZ, and discover a team committed to their patients.

[Form]

[h2] Contact Us

We encourage you to contact us with any questions or comments you may have. Please call our office or use the quick contact form below.

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Page Content Questions

*Please answer the questions below.*

**1) Lorem Ipsum**

Answer Here